

Pinewood SKILLS

Module 2 - Years 3, 4, 5



Pinewood SKILLS

The Pinewood SKILLS programme is an exciting and engaging addition to the school week, providing the opportunity for children to experience a wide range of new and inspiring sessions through a diverse and dynamic curriculum, with academic, pastoral and social benefits for the children taking part.

The breadth of opportunities on offer through SKILLS will play an important role in developing Pinewood children beyond the classroom to gain new attributes and experiences, which could be transferable later in life.

SKILLS is driven by some key principles, with three words which encapsulate the relationship we want the children to have with the programme:

- *Explore* new interests from a range of cross-curricular activities and pursuits.
- *Experience* new skills within a supportive and encouraging environment.
- *Excel* as an individual by embracing the opportunities that life has to offer.

The following pages detail the activity offerings for Module 2 of SKILLS. With a range of exciting activities to be involved in, SKILLS will strive to cater for everyone, with variety and opportunity at the heart of the programme. Module 2 will run for 6 weeks, taking us up to the end of term. Some activities run for the full term and the children in taking part in those will already be signed up for the option in Module 2.

Pinewood SKILLS

The different SKILLS options are categorised within six different strands, providing variety and breadth in the offering and learning opportunities available.

S Service and Society

Supporting the community and the environment, making a difference to the lives of others

K Knowledge and Curiosity

Stimulate and challenge the mind by exploring new material with an intellectual focus

I Imagination and Creativity

Let the imagination take over and get the creative juices flowing, through various expressive mediums

L Leisure and Activity

Discover what the body can do by experiencing new active and sporting disciplines.

L Life Skills and Acquisition

Develop skills to enhance one's enjoyment and impact in life.

S Surroundings and Adventure

Explore beyond one's comfort zone, embracing the outdoors and our idyllic surroundings

The children are encouraged to try options from across the different strands, in a bid to spell out SKILLS by the end of the academic year. There is a page in Prep Diaries for the children to keep a record of the SKILLS, and strands, that they have participated in.

Monday Options

Monday

S - The Zen Den

Having a chance to relax, breathe and reflect is crucial in a busy Pinewoodian's day. This SKILLS option will combine mindfulness crafting with breathing techniques and meditation to ensure that the children finish their day feeling relaxed, grateful and in tune with their inner calmness.

K - Mythical Legends *NEW*

Take a journey to Ancient Greece to enjoy a number of classical myths. Heroes and monsters, gods and mortals: you'll meet an unforgettable range of characters and learn more about their fantastical adventures.

K - The Musical Theorists

Learn the fundamentals of music theory and notation to help you understand, analyse and create music. You will be introduced to staves, clefs, notation, rhythmic and pitch values, metre and time signatures, working through the ABRSM Grade 1-3 Music Theory courses as appropriate.

K - K'Nex Chaos

Pretty much anything is possible in the wonderful world of K'Nex construction. Want to build a helicopter? No problem! How about a dinosaur? Sure! Ferris Wheel? Piece of cake! A brilliant option to see how creative you can be and also put those fine motor planning and manipulation skills to the test!

Monday

I - Terrific Textiles *NEW*

Do you like creating artwork using found fabrics, special buttons, pretty ribbons and beautiful threads? Then this is the skill for you!

We will be exploring all sorts of textile techniques such as weaving, basic embroidery stitching, fabric painting/printing and even trying out some sustainable fashion designing.

I - Claymates

Discover the captivating world of ceramics, where artistry and craftsmanship merge to create timeless beauty. From delicate porcelain sculptures to sturdy earthenware vessels, ceramics evoke a sense of wonder and awe. Explore the rich heritage of this ancient art form under the watchful eye of Lisa Lowe, our new visiting ceramics specialist. Let the allure of ceramics enchant your senses and ignite your imagination.

***This is a full term commitment so all those signed up to it in Module 1 will be signed up for it automatically. There are no more spaces available on this.**

I - Art Attack

Pinewood artists will be exploring their creativity by investigating a variety of processes and materials, ranging from drawing and painting to printmaking and collage. For artists of all levels.

I - Jingle Bells

Don your gloves and enter the magical world of handbell ringing. You will learn how to read music specially written for the bells, as well as the synchronised movement and ringing technique, to play your favourite festive tunes in time to celebrate the Christmas period.

Monday

L - Fitness Frenzy *NEW*

This is the perfect place for Pinewoodians to stay active, have fun, and make new friends! Our exciting program is designed to keep children moving with a variety of fun fitness activities, games, and sports. We focus on building strength, coordination, and teamwork in a positive and encouraging environment.

L - Karate Kicks

Through the delivery of fun filled, high energy karate classes, Pinewood children will develop confidence through self-defence and stranger awareness skills. With a focus on life and safety skill development, Oxford Sport & Traditional Martial Arts (OSTMA) training systems support children's holistic growth through a positive and caring environment. With a fantastic reputation for children's martial arts, smiling, sweating and learning are the key factors behind every OSTMA class.

***If your child is already signed up for this option, they will automatically be signed up for this in Module 2 as this is a full term option. There are still spaces available if your child would like to sign up now.**

***This option carries an additional charge of £50 for Module 2. There is also the option of purchasing a karate suit (£35) and proceeding with gradings (£25 each grading). These are completely optional and your child does not need to buy a suit or proceed with gradings to take part in Karate Kicks; sessions will run as normal regardless of suits/gradings.**

The Karate coaches will email parents directly to invite your child to attend a grading if you wish to - *please let me know if you do not wish your email address to be shared.

Monday

L - Futsal Fever

Many children in countries such as Brazil, Argentina and Spain grow up playing futsal – a small sided, quick paced game using a ball that is heavier than the normal football. Futsal can develop a range of different skills including basic ball control and manipulation skills, exposure to more one-to-one situations, improving accuracy and weight of pass as well as tactical awareness and teamwork. Many of the world's top footballing stars credit their skills to the small-sided game of futsal and it's coming to Pinewood. A SKILLS option for all abilities and ages, it's sure to improve all round play and be a lot of fun at the same time.

L - Saddle Stars (Beginners) *NEW*

Ready to embark on an exciting adventure with horses? At Saddle Stars, we welcome all young riders to learn the basics of horse riding in a safe, fun, and friendly environment! Whether you've never been near a horse or just starting out, our experienced instructors will guide you step-by-step through everything from riding techniques to horse care.

*** This option is run at the Shrivenham Equestrian Centre, located at the Defence Academy. This option carries an additional cost of £240 for Module 2.**

Li - Sew Good

Everyone loves a handmade treat and this activity will allow the children to be creative with a variety of fabrics, threads, beading and embroidery. The group will learn how to create simple decorations and accessories (like a pencil case!); mastering the basics of hand stitching and using a sewing machine. Are you thready for this?

Monday

Li - Ready Steady Cook

SKILLS is delighted to introduce a serving of culinary delight, where the children will learn about the origins and versatility of various ingredients, exploring a different recipe each week. Unleash your inner chef and create delicious memories with fellow food enthusiasts, savouring the joy of cooking together!

Li - The Talk Squad *NEW*

Do you love sharing ideas, asking questions, and exploring new ways of thinking? This SKILLS option helps curious minds grow! This is the perfect place to develop public speaking, critical thinking, and teamwork skills in a fun and supportive environment. Through exciting topics, friendly debates, and interactive activities, children will learn how to express their ideas confidently and respectfully. Join us to discover the power of your voice and become a confident communicator!

Su - Treasure Seekers

In this SKILLS option you will be set tasks each week to find certain treasures around the school. Go on your very own adventure to seek the wonders that Pinewood has to offer.

Friday Options

Friday

S - Animal Farm

Be part of the team needed to look after the new Pinewood pets. There will be lots of opportunities for stroking and cuddles, but we will also be learning about how to look after pets responsibly, so will be replenishing food and water, and also cleaning out hutches.

K - Curious Minds

Did you know you have a thinking superpower? We will explore BIG ideas and ask BIG questions to dig deeper into the human mind. Have you ever wondered what colour Monday is? If a tree falls in the forest and nobody hears it, did it make a sound? What would your superpower be and why? All you need for this skill is curiosity.

K - Checkmate

Chess is one of the most popular games in the world. A great challenge of mind and patience, it is fun, sociable and suitable for everyone. No previous knowledge of the game is required and under the watchful eye of our very own Chess Master, you can soon be playing this marvellous game and taking on family and friends alike.

I - Face Paint Fever

An artform in itself and a definite winner for parties and special events, Face Painting requires artistic flair and a steady hand. The children are guaranteed to have a lot of fun, learn a new skill and transform into a different being...facially at least.

Friday

I - Glee

Children love the opportunity to be on stage and sing. Enjoying a varied and challenging range of medleys from a variety of artists and stage musicals, both old and new, there will be opportunities for chorus and group singing in this proven feel-good activity. Bringing the best of the West End to Pinewood, this promises to be a SKILLS option to raise the roof!

L - World Sports

Pinewood children love sport and here they will get to experience and learn a different sporting pursuit each week. There will be the opportunity to develop new skills and discover new rules of sports played around the world. For all levels and abilities, the only things required is a 'can-do' attitude and sense of fun.

L - Futsal Fever

Many children in countries such as Brazil, Argentina and Spain grow up playing futsal – a small sided, quick paced game using a ball that is heavier than the normal football. Futsal can develop a range of different skills including basic ball control and manipulation skills, exposure to more one-to-one situations, improving accuracy and weight of pass as well as tactical awareness and teamwork. Many of the world's top footballing stars credit their skills to the small-sided game of futsal and it's coming to Pinewood. A SKILLS option for all abilities and ages, it's sure to improve all round play and be a lot of fun at the same time.

L - Can't Stop the Beat

Fancy yourself as the next Billy Elliot or Zendaya? Got moves like Jagger or hips like Shakira? Then join us on a whirlwind tour through a range of dance styles from ballet to ballroom, bhenga to jazz. Each week, you'll learn, rehearse and perform a short routine. Expect an intense workout, fast-paced choreography, and demanding practice until perfect!

Friday

L - Hockey Heroes

An introduction to Hockey with some of Pinewood's finest hockey players promises to whet the appetite for things to come later on in Pinewood Sport.

*** Children will need a mouth guard and shin pads for this option**

Li - Type Club

The benefits of touch typing in this increasingly digital world cannot go unnoticed. This option will guide you through how to become more adept at typing and not having to look at the keyboard to find each letter, allowing you to bash out those essays later on in life much quicker!

Su - Challenge Accepted

Mixing teamwork and initiative this SKILLS option is for those Pinewoodians up for a challenge. Set on the Astro, the children will work under the floodlights to complete challenges, work together and use their initiative.

Additional Options

Additional Options

Tuesday

Street Dance

Years 3 and 4

Street Dance continues with the same group of children in Module 2. The session is full.

Year 5

Street Dance continues with the same group of children in Module 2. The session is full.

Thursday

Pinewood Pirouettes

Years 3 and 4

Ballet continues with the same group of children in Module 2. The session is full.

Year 5

Ballet is available to Year 5 during SKILLS on a Thursday and there are spaces available for Module 2. Prep will need to be completed at another time and there will be a supervised Prep session available during lunchtime on a Thursday to support children with this. Please look in the Thursday options on SOCS to sign up.

Module 2 Overview Years 3, 4, 5

16.30 - 17.30	Monday	Friday
Service & Society	The Zen Den	Animal Farm
Knowledge & Curiosity	Mythical Legends	Curious Minds
	The Muscial Theorists	Checkmate
	K'Nex Chaos	
Imagination & Creativity	Terrific Textiles	Face Paint Fever
	*Claymates (Whole Term)	Glee
	Art Attack!	
	Jingle Bells	
Leisure & Activity	Fitness Frenzy	World Sports
	*Karate Kicks	Futsal Fever
	Futsal Fever	Can't Stop the Beat
	Saddle Stars (Beginners)	Hockey Heroes
Life Skills & Acquisition	Sew Good	Type Club
	Ready, Steady, Cook!	
	The Talk Squad	
Surroundings & Adventure	Treasure Seekers	Challenge Accepted
* these options incur an additional cost		
Options in purple are new options		