



	Breakfast	Lunch	Salad Bar	Light Bites	Little Tea	Supper
Monday	Traditional English Breakfast Sausages, Sliced Black Pudding, Fried Eggs, Mushrooms & Grilled Tomatoes	Lamb & Vegetable Pie Served with creamed potatoes, Broccoli & Carrots. 2,7 Spinach, Sweet Potato & Mushroom Pie Chocolate Mousse with cream & chocolate shavings 7	Sliced Cheese Platter 7	Jacket Potatoes served with baked beans and grated cheese 7	Sandwich Platter 2,4,7,5,9	BBQ Pulled Pork Wrap with Herby Diced Potato & Corn on the Cob 2 Cookie cake 2,4,7
Tuesday	Continental Breakfast Pain au Chocolate, Butter Croissants, a Selection of Preserves, Sliced Cheese & Ham	Chicken or Mushroom Stroganoff served with Braised Rice Sweetcorn & Green Beans Jam & Coconut sponge with Vanilla Custard 4,7	Roast Beef Platter	Bacon & Cheese Frittata 4,7	Treacle Tart 2	Beef Stir Fry served with Noodles 2,4 Chocolate Profiteroles 2,4,7
Wednesday	Crumpets, Bacon & Scrambled Egg	Pasta Day: Penne Pasta served with a choice of sauces: Bolognese, Carbonara, Tomato & Basil Manchester Tart	Quiche Lorraine	Curried Parsnip Soup *** Chicken salad or cheese salad baguette	Fruit Platter	Fish Pie topped with Potato served with Broccoli Yogurt Bar 7
Thursday	American Themed Breakfast Waffles, Hash Browns, Back Bacon & Maple Syrup	Roast Pork Loin served with Roast Herby Potatoes and vegetable medley Root Vegetable wellington 2,4,7 Apple Pie served with Cream 2,7	Sausage Plait	Jacket Potatoes served Beef Chilli & sour Cream 7	Selection of Wraps 2,4,5,7,	Chicken & Bacon Kiev with Potato Wedges & Baked Beans 2,4,7 Chocolate Brownie 2,4,7
Friday	Traditional English Breakfast Sausages, Hash Browns, Boiled Eggs, Mushrooms & Grilled Tomatoes	Breaded Haddock, baked Fillet of Fish or Cod Fish Fingers served with tartare sauce, lemon wedge, chunky chips and Garden Peas 2,5 Vegetarian Sausages 12,2,7 Eton Mess 4,7	BBQ Chicken Breast	Minestrone Soup *** Tuna & Sweetcorn Wrap	Marshmallow Crispy Cakes	Homemade Beef Burgers, Rocket & Sliced Tomato crispy onion rings coleslaw 2,7,9 Ice Cream 7
Saturday	Croissant, Pain au chocolate, Continental breakfast and fresh fruit smoothie					

Breakfast always includes a variety of cereals, yoghurts, prunes, grapefruit, toast, fruit juice and freshly brewed tea

Lunch always includes freshly baked bread, a variety of homemade salads, fresh fruit and a selection of homemade freshly prepared desserts

* Subject to change without prior notice

Below is the key for allergens numbered above. Please contact the Domestic Manager or Chef if you require further information

1- Celery, 2- Cereals containing Gluten, 3-Crustaceans, 4-Eggs, 5-Fish, 6-Lupin, 7-Milk, 8-Molluscs, 9-Mustard, 10-Nuts, 11-Peanuts, 12-Sesame Seeds, 13 - Soya, 14 - Sulphur Dioxide